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Dear Parents /Caregivers,

The Archdiocesan agency Centre for Life, Marriage and Family-Family Life Education team will be presenting an introductory program on growth and development for year 5 students via Zoom on the morning of Monday 14th September .

Boys and girls will be involved in separate presentations so that they will engage in a program specific to their needs in a safe and comfortable environment. Permission is required for your child to attend. Please reply by SMS if you give permission for your child to attend.

Kind regards

Yvette Clifton

Principal

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## 'I Am Nature's Greatest Miracle' workshop outline



- Our worth, intelligences and cultivating a growth mindset
- Growth pre-birth to adulthood
- Introduction to physical and emotional change at puberty and management of physical change
- Managing emotional change in a healthy way
- Overcoming challenges in life



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***Parents are the primary educators of their children. The Centre for Life, Marriage and Family have the privileged role of complementing the efforts of parents and school communities through provision of programs which support the personal development and Christian values of students.***